REIKI I & II IN JAPAN





We are offering a unique opportunity to take your Reiki I & II training in Dr Usui's homeland, Japan, in Spring 2020 from $19^{th} - 25^{th}$ April 2020.

The course will take place in Kyoto, the traditional heart of historic sights. We will be staying in a traditional ryokan or Japanese inn.

In Kyoto, there will be the opportunity for sight-seeing and cultural exchange. The highlight of our visit will be a day-trip to Mount Kurama, the birthplace of Reiki where Dr. Usui meditated for 21 days and received the Reiki healing energy. Kurama has many different frequencies and patterns of high vibration. We will hike up to the top for a meditation, and on the way back down enjoy an outside bath at the local hot spring 'onsen'.

The two 1-day courses will be spread out throughout the week, taking you from complete beginner to Reiki practitioner. We will visit Shunkoin Temple where we will join in a Zen meditation. There is an opportunity to attend a calligraphy class and gain an insight into the world of a Geisha walking through Gion.

This will be an unforgettable physical and spiritual journey for anybody passionate about Reiki!

Date: Sunday 19th April (9.30am) - Saturday 25th April (11am) 2020

Venue: Kyoto, Japan

Fee: £1,685 (\$2,250) for B&B accommodation, all internal transport,

activities, excursion to Mt Kurama, onsen bath and all entry

fees.

Reiki I & II course fee: add £400.00 (\$535)

Excluded: Flights, meals (other than breakfast).

Included

- Reiki I & II course including all tuition and certification
- B & B accommodation in a shared double room (single room available subject to availability and supplement) in a traditional Japanese Ryokan, with tatami-matted rooms, futon beds, Japanese style bath and breakfast. Visitors may wear yukata.
- Free bus passes all week to explore Kyoto and surrounding
- Meditation and talk on mindfulness followed by tour of temple and tea/sweets at a Zen Temple
- Visits to Kinkakuji (Golden Temple), and Ryoanji (Famous Zen garden), Fushimi Inari shrine (10,000 torii shrine made famous in Memoirs of a Geisha) and Gion (Historical Geisha district)
- Day trip to Kurama which includes hike up mountain, meditation, a meal in Kurama, and an onsen visit to cool off.
- All entry fees when sightseeing together.
- Calligraphy class.









YOUR REIKI MASTER TEACHER JACQUELINE RAISON



Jacqueline has been a keen practitioner of complimentary therapies for over 20 years. After initially practising Homeopathy, Herbalism and working with the Silva method, she discovered Reiki in 2014 and became fascinated by this method of healing.

She completed her Reiki Master/Teacher certificate with the award-winning Reiki School in Dr Usui's homeland, and now leads retreats there each year teaching both Reiki I/II

and Masters.

As well as the Usui Reiki system Jacqueline has learned the Japanese style of Reiki to Shinpiden level, Karuna Reiki, dowsing, Animal Reiki and has an in-depth knowledge of the Chakra system.

She has a thriving Reiki practice in the beautiful S. Oxfordshire countryside assisting clients with many issues such as

Physical/mental – M.S, M.E, Arthritis, Anxiety, Stress, Weight loss, Pain relief, Ligament damage, Jet lag, Fatigue, Loss of Libido, Joint pain, Food poisoning

Personal Development – Preparation for interviews, exams and meetings; dispute resolution, Goal Setting, Public Speaking

Before becoming a full-time healer and teacher Jacqueline worked in the corporate world as a legal director, and coached and mentored senior executives with a particular focus on leadership, communication skills,

emotional intelligence and work-life balance.

She has first-hand experience of trying to juggle a busy office-based role with bringing up children and a constant yearning for personal/spiritual growth.

She is very much looking forward to welcoming you to join her in Japan!



BOOKING FORM – I & II SPRING 2020



Personal details: Student / Companion*

Title	Mr / Mrs / Ms / Miss / Other please specify:			
First name		Surnam	ne	
Date of birth		Gender	* Male	Female
Address				
Town		Postcode		
Phone (daytime)		Mobile		
Email			1	
Passport No				
Passport issue	Passport expiry date			
Special requireme	nts (diet, access etc)			
Next of kin: Name		Tel.No		
Relationship				
am paying (selec	t): deposit only £250 / \$34 holiday fee £1,685 / \$ course fee £400 / \$535	\$2,250*	Balance _	*
I enclose cheque made payable to 'Reiki School'			I am transferring the deposit/course fee into the account of Jacqueline Raison,	
Please send this form and cheque(s) to: Reiki Scho The Grange, Reading Road, Cane End RG4 9HE UK I transfer the deposit via Paypal: https://www.paypal.me/reikischool			sort code number 111724 IBAN GB61	16-33-45, accour

Please note that Paypal payments can only be made for the deposit, the remainder is payable by bank transfer or cheque, please.